

## **Havurah Shalom**

Portland's Reconstructionist Community

[www.havurahshalom.org](http://www.havurahshalom.org)

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## **The Month of Elul**

Wednesday night, August 19<sup>th</sup>, ushered in the month of Elul. The heat of summer may still be upon us, but our spiritual clocks transmit a message that we are in for a change. What can all of this mean?

Certainly, we realize that our evolutionary regimen of indicators explains so much about how we assign ourselves tasks to get accomplished. Is there really a point to a month-long awakening? According to tradition, this is the time we get up early to ask for forgiveness. The Shofar is blown at the completion of davenning.

Why not see this business of soul-searching as a way of making the seasonal shift more conscious? Havurah invites you – wherever you are – at the early morning hour, to take a few minutes to contemplate the changes in your own life. What's different right now? What difference would you like to make? May you come into the New Year already awake!